

Into the Wild



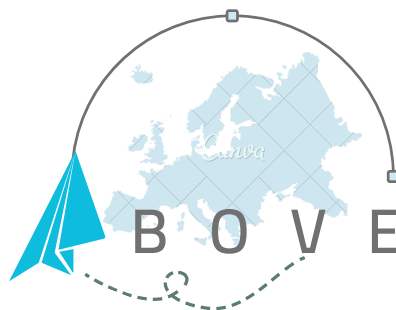
an Erasmus+ youth exchange



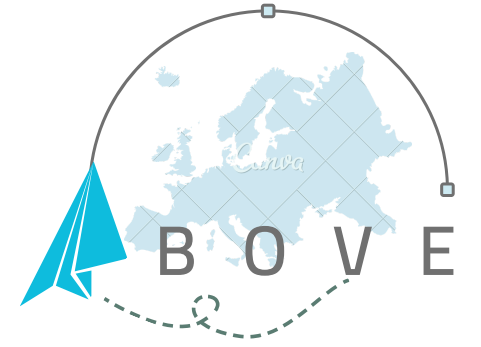
*BADACSONY, HUNGARY,
SEPTEMBER 16–23, 2026*



**Funded by
the European Union**



Participant profile.



Who can join the project? ↪

**Aged
18-25**

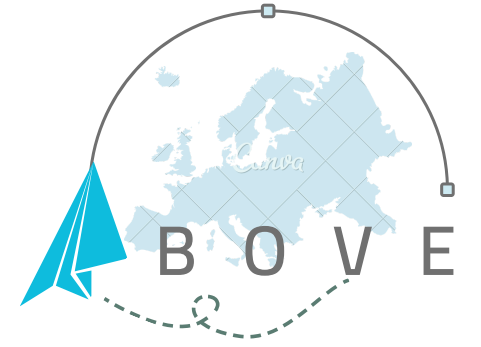
Although the majority of the youngsters will be between the ages of 18 and 25, age is not a barrier in our project.

25

All participating countries will send around 4 young people and 1 leader, making the overall participant number 25.



The topic.



Why should I participate?

①

Boost your **mental resilience** and **wellbeing**. Learn to manage stress and find your inner balance using practical, nature-based tools such as guided **mindfulness, reflection circles, and personal journaling**

②

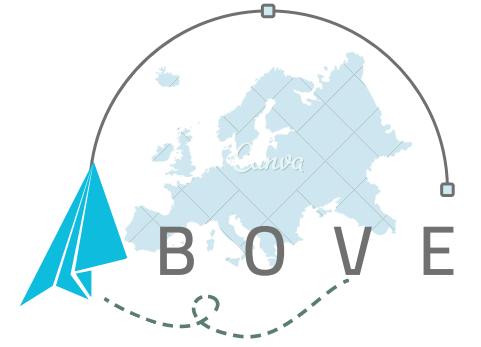
Turn **sustainability** into a lived practice. **Explore ecological awareness by integrating low-impact, green habits** into your daily routine while exploring the unique volcanic landscape of **Badacsony**.

③

Build a supportive **international community**. Work together with young people from **5 different countries** to foster **inclusion, empathy, and solidarity**, creating lasting European connections in the heart of the **Balaton Uplands**.



ARE YOU READY FOR THE CHALLENGE?



This is a hiking-based project, which means we will be spending most of our time outdoors in the volcanic terrain of Badacsony. Please consider the following before applying:

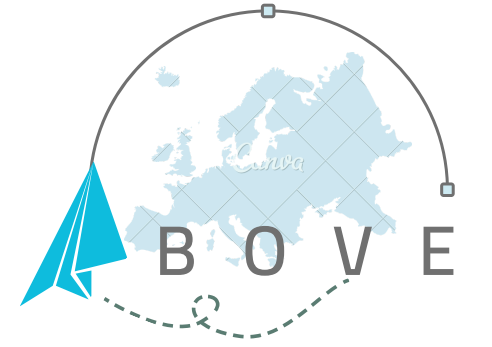
1 Active Learning: We will be **walking long distances every single day**. This is **not** a classroom project!

2 Workshops "On the Go": Our **learning sessions and workshops** will take place **during the hikes, on the trails, and at the viewpoints.**

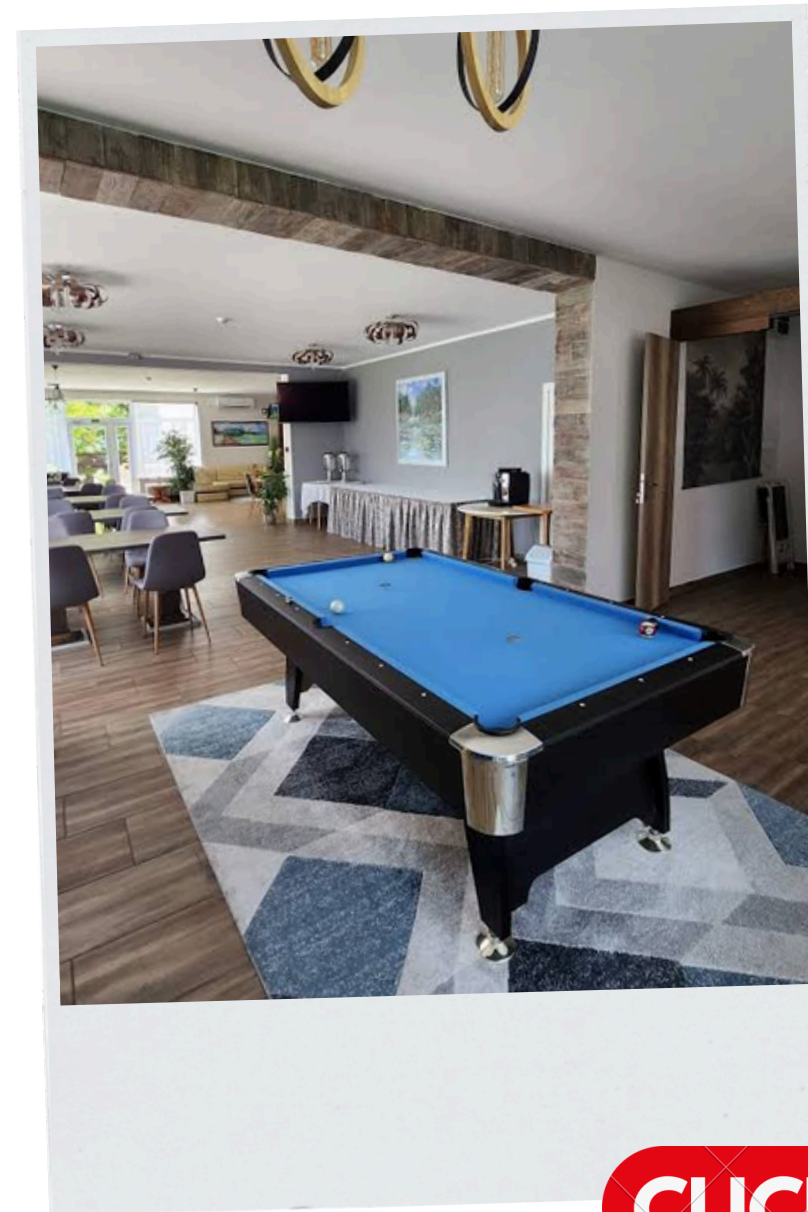
3 Physical Readiness: Please apply **only if you are physically prepared and motivated** for an intensive, active **outdoor experience.**



The venue.

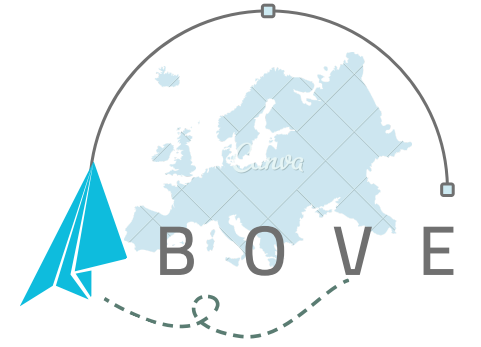


Where is the project taking place? 



[CLICK HERE](#) 

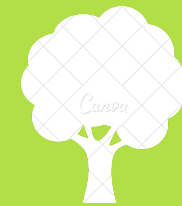
The practicals.



What is provided during the project?



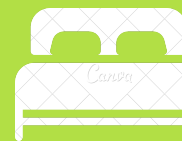
3 meals a day



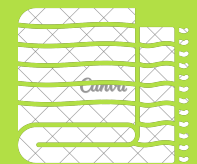
Green environment



Towel



Rooms with 3-6 people



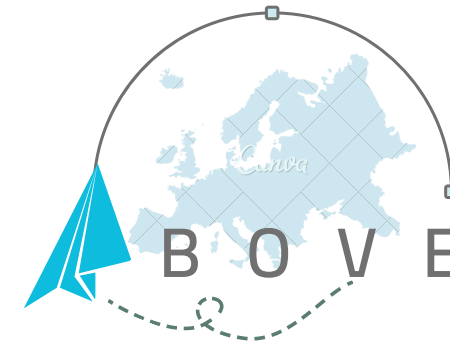
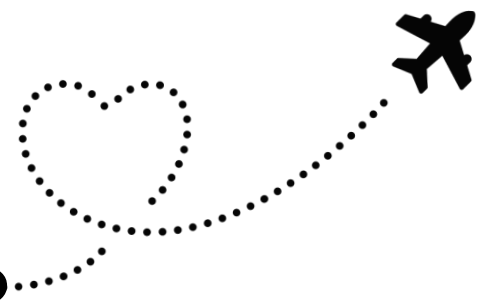
Bed linen



Private bathrooms



Travel info.



Participants have to arrive to the venue on the 16th of September

Reimbursement budget:

Italy 309€

Bulgaria 417€*

Germany 309€

Poland 417€*

Hungary 56€*

**when only green travel methods*



Taxi expenses are **non-refundable**, only the best value public transport and flights.



Remember to **keep all tickets** (paper and digital), **invoices** and **boarding passes**, because these are required for the reimbursement of your travel expenses.



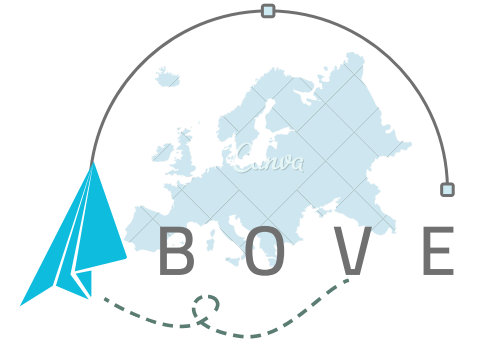
Do not buy any tickets without consulting us and receiving our confirmation.



Participants may stay **2 extra nights** before or after the project **on their own costs.**



Insurance info.



Every EU participant is required to bring their valid EHC card (European Health Insurance Card) and non-EU citizens are required to purchase health insurance valid in Hungary for the whole duration of the visit (including travel days).

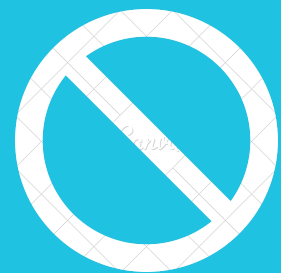
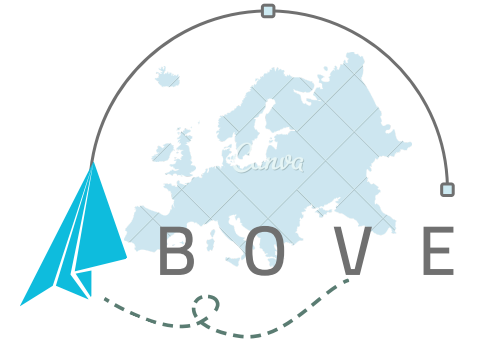


Every EU participant is also **strongly recommended** to purchase travel insurance that includes luggage and additional medical expenses coverage. The EHC card doesn't cover everything related to medical expenses abroad and thus the additional insurance is recommended. The insurance package should include repatriation, that could be needed for example in case of illness or injury.

***The cost of insurance is NOT reimbursed.**



Safety info and rules.



By signing up for and participating in the project you accept that you will **adhere to all laws and regulations** not undertaking any activity that is illegal either in Hungary or in your sending country.

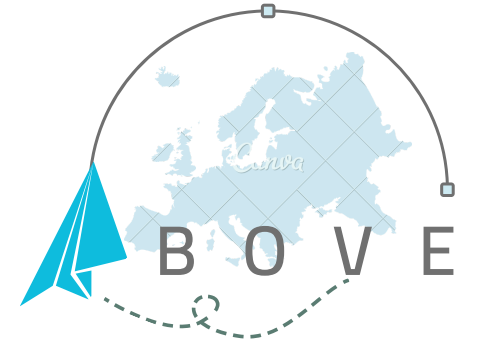


By signing up for and participating in the project you accept that you will **actively participate** in the workshops during the project and contribute with your experience and ideas.

Respect, understanding and solidarity.



Intercultural nights.



At the intercultural nights all nations can **showcase their culture**, which helps us all better understand our differences and build solidarity towards each other.

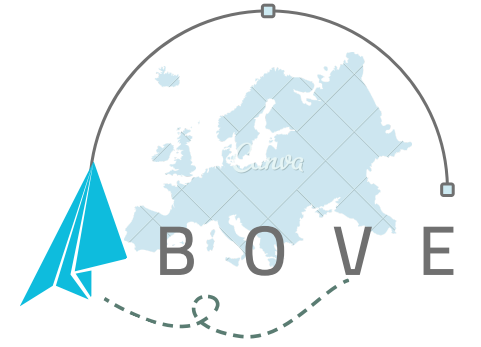


The intercultural nights welcome traditional **foods, drinks, souvenirs, flags, dances, songs and contests** that participants wish to present to introduce their culture to the other participants.



Pack what you need.

Make sure you have these!



Your valid passport or ID card.



European Health Insurance Card



Waterproof clothes



Hiking shoes



Medicines you take



Hygiene items, extra towel, slippers



Phone and charger



Intercultural night items

Application here.



See **YOU** soon.

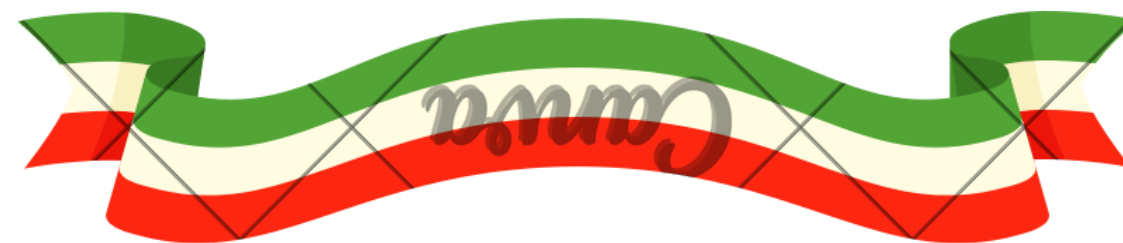


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